

World Association of Girl Guides
and Girl Scouts
Juliette Low Seminar 2022
100 Girls Project

This Girl Can... ...Be a Leader Activity Guide



Introduction

- In this pack you will find out about the six WAGGGS Leadership Mindsets and have a practice at each of them.
- You will also find out how they relate to the different Leadership roles and opportunities available to you in Girlguiding.

The Six WAGGGS Leadership Mindsets are;

- Reflective Mindset – Leading Yourself
- Worldly Mindset – Leading in Context
- Collaborative Mindset – Leading Relationships
- Creative & Critical Thinking Mindset – Leading for Innovation
- Responsible Action Mindset – Leading for Impact
- Gender Equality Mindset – Leading for Girl's Empowerment

To complete this pack you must do an activity from at least four of the six Mindsets.

Once completed please can you complete the following survey –

<https://forms.gle/7XKKZnueV9FSJsLe7>

Reflective Mindset – Leading Yourself

Draw meaning from your past experiences and think about your behaviour and its impact. Explore your values and how to be true to them when you practise leadership. Cultivate curiosity! Hold space for learning about and caring for yourself and recognise and create the conditions you need to thrive.

Previous Leadership Reflection

Think back to a time where you have done something that could be considered leadership. This could be running a game, being a team leader, captaining a sports team.

- What did you do?
- What went well?
- What didn't go so well?
- Is there anything you would do differently?

Take a Breath

Sit comfortably and focus in on your breathing, the movements, the sounds and sensations. As you breath in count to 3. As you breath out count to 4. Repeat 5 times.

If you feel yourself becoming distracted that is ok, just focus on your breathing again.

This is a great way to stop, pause and reflect on a situation or behaviour.

Worldly Mindset – Leading in Context

Get inside the worlds of others, understand their needs and concerns more deeply. Observe, ask questions and educate yourself on local conditions and perspectives. Build meaningful connections with others through inclusive opportunities for shared leadership.

Learning from each other

Talk to the person/people next to you about a leadership experience.

While the other person is talking make a real effort to listen and understand what they are saying.

When you respond keep in mind what they have said and what you have learnt from them.

Try and find some common ground in what they have said and your own experience.

Common thread

Divide your team into groups of three to five people.

Then ask your team to find things everyone in their group has in common. This can be a favourite TV show, an ice cream flavour nobody likes, or a common hobby.

Encourage your teammates to find common threads that aren't too superficial or obvious. The more things they can find that everyone in the group has in common, the better!

Do this for around 10 minutes, then bring everyone together afterward and ask the teams to share their experiences.

Collaborative Mindset – Leading Relationships

Bring together different perspectives and inspire consensus around a shared vision. Listen to and learn from others Share what you know freely. Create the structures, conditions and attitudes people need to reach their potential, and contribute fully to any team or situation.

Which role is for you?

In a small group, plan an evening for your unit where you will need to play a game, run a craft and have a discussion about friendship.

Decide who will do each part and why they would be best for this part.

Then discuss how the other members of the team/group can support you to do that role. Plan your activities and resources.

One Line Stories

In small groups or as a unit, get into a circle.

Someone will say the opening line of a story. Then, in turn each person must say the next line of the story, continuing the story from the previous person.

Continue for around 10 minutes or until the story comes to a natural end.

You can write down the story if you wish.

Creative & Critical Thinking Mindset – Leading for Innovation

Create an environment where both innovation and enquiry are valued. Seek data, analyse and learn from information and evidence. Look out for assumptions and challenge them. Encourage yourself and others to innovate. Seek new ideas and be open to changing your mind.

Raining Scenario

Your unit have planned to go outside to play games and explore the plant life in the local area. However it has rained during the day and although it has now stopped it is still overcast, cloudy with the potential to start again. When the young members arrive, not all of them have coats to keep them dry if it rains again.

Discuss what you could do to make this planned activity go ahead and how to include everyone in the activities planned.

Scavenger Hunt

In small groups search around your meeting place for the following;

- Something red
- Something cooking related
- Something you'd use outdoors
- Something cold
- Something earned
- Something that helps people

When you have found them, come back together and discuss what you found.

Towers

In teams, using only 5 sheets of A4 paper, and one roll of tape build the tallest free-standing (cannot be taped to the table or floor) tower you can.

You have 10 minutes to build the tower and it must stand for 10 seconds without aid.

Responsible Action Mindset – Leading for Impact

Mobilise energy around what needs changing, and what needs to be protected. Transform your values into action with authenticity. Practise leadership to create a world where all girls are valued and can reach their potential as responsible citizens of the world.

Teamwork Problem

You're working as part of a team to make a meal for a unit cooking competition but one member of the team will not allow anyone else to use the oven and hobs, despite being told that everyone should get a chance to do all the roles. In addition one of the younger members of the team really wants to try using the hobs and oven as they don't get to cook at home.

As team leader you need to find a way to allow everyone to meet the goals of the task (make a meal and everyone have a go at everything) and enable them all to feel part of the team and valued.

Have a think about what you would do and why, then discuss with the people around you.

Environmental Responsibility

As a unit or in small groups go for a walk, this could be around your meeting place or the local area. Make notes about all the times you see litter or other evidence of the environment not being cared for.

When you get back plan how you would tackle the issues you saw.

If you can, carry out your plan. Keeping in mind safety and the law.

Litter Picking

As a unit or in small groups go for a walk, around the local the local area and safely collect and litter in that area.

Gender Equality Mindset – Leading for Girl's Empowerment

Take gender into account when practising leadership, and challenge gender stereotypes. Understand the impact of gender barriers and empower yourself and others to recognise and overcome them. Champion the value of being a girl led Movement.

The Gender of Leadership

I want you to think of a leader, a person who is in charge of something. This person could be running a business or company, a school, a team or group, a country.

What qualities does this person have?

Write them down and then discuss these qualities with the person/people next to you.

Once you have finished describing their qualities I want them to guess who you thought of.

What gender is that person?

How many of you thought of men/male leaders?

How many of you thought of women/female leaders?

Why is that?

Is a girl or woman any less capable of being a leader?

My Leader, I Leader

Draw a picture of what you consider a perfect leader looks like.

- What do they wear?
- What is their personality?
- How do they behave?
- What do they do that makes them a perfect leader?

Write these things around them.

Do you see similarities between the leader you have drawn and your unit leaders?

What do you have in common with this leader?

What could you do to become a leader like the one you have created.

Write down your answers to these questions.

All ideas are based on the World Association of Girl Guides and Girl Scouts (WAGGGS) Leadership Mindsets.

- https://campfire.waggggs.org/system/files/2022-02/The%20WAGGGS%20Leadership%20Model_0.pdf
- https://campfire.waggggs.org/system/files/2021-09/EN_Leadership_Model_Final.pdf

If you would like to give your girls a badge for partaking in the activities from this guide I recommended the following badge from Girlguiding.

<https://www.girlguidingshop.co.uk/products/guides/badges/all-sections-ive-taken-the-lead-woven-badge--8584/>