

## Sections

### Rainbows

#### For girls from 5 to 7

Rainbows - a fun and exciting programme for girls aged five to seven, it's all about learning by doing.

Rainbows is all about developing self-confidence, building friendships, learning new things and having fun. Girls get their hands dirty with arts and crafts, get in touch with nature and play games. Rainbows follow a diverse and engaging programme and can take part in lots of different activities with girls their own age.

[Find out all about Rainbows](#)

### Brownies

#### For girls from 7 to 10

Brownies is about trying new things that teach girls aged seven to 10 about themselves, their community and their world.

Brownies introduces girls to a world of new opportunities, challenges and fun. Girls go along to camps, holidays, day trips and sleepovers. They get together with their friends at regular meetings where they learn new hobbies, get creative, explore other cultures and have outdoor adventures.

As well as trying activities in their meetings, girls choose from interest badges related to things they want to know more about.

[Find out all about Brownies](#)

### Guides

#### For girls from 10 to 14

Guides have an exciting and varied programme designed to inspire and challenge girls from 10-14.

What you do in Guides is up to you, from taking part in lots of exciting activities at regular meetings to special events and trips away. You will choose from different badges and awards which will help you learn new skills and try new challenges.

You can do some of this on your own and others you'll do in groups in your regular unit meetings.

[Find out all about Guides](#)

## **Rangers**

**For young women from 14 to 18**

Girls aged 14-18 join Rangers. It's all about taking the lead and finding new challenges.

[Find out all about Rangers](#)

## **Trefoil**

### **Derbyshire Trefoil Guild**

The Trefoil Guild is 'guiding for adults' - a source of fun and friendship. The Trefoil Guild is a national and International organisation of over 20,000 members mostly women and men who have been or still are connected with Guiding and Scouting. Members live the spirit of Guiding and Scouting in their own community by offering practical help to Girlguiding UK and supporting Guiding and Scouting worldwide.

### **Who can Join?**

Membership is open to anyone over the age of 18 who has been or still is a member of Girlguiding UK or the Scout Association **and** to those who have never been involved in Guiding or Scouting, but who subscribe to our aims and principles.

### **What does a Trefoil Guild do?**

Membership offers meeting with like-minded friends to develop interests, tackle new challenges, enjoy outings and holidays together. There are also Trefoil events and activities at local, county, region, national and international level and many opportunities to help out at District, Area, County, National and International activities.

Each local Trefoil Guild provides all the above for its own members as well as further opportunities to support Guiding and Scouting in their community.

The Trefoil Guild Voyage Award gives members the chance to create their own adventures and to gain their Bronze, Silver and Gold awards. The challenges cover five sections: Service, Myself, Teamwork, Skills and Explore my World.

The Star Challenge has now been added to our adventures.

Derbyshire Trefoil Email:- <mailto:trefoilchair@girlguidingderbyshire.org>